



Information for Individuals

We do not accept applications directly from those who need a grant. We need applications to be supported by a professional such as a benefit adviser, health visitor, or housing officer. We do this to make sure we have a full understanding of your circumstances, and to make sure you get the right help and support.

Get advice

We recommend that you go to an advice agency. These are charities which have expert advisers, who can help with benefits, debt, housing, and more. They will be able to apply for a grant for you – but they will also make sure you are getting all the money and support you are entitled to. Contact one of the following organisations for help:

Community Help and Advice Initiative

chaiedinburgh.org.uk

0131 442 1009

Granton Information Centre

gic.org.uk

0131 552 0458

Citizens Advice Edinburgh

citizensadviceedinburgh.org.uk

0131 510 5510

Community One Stop Shop

coss-broomhouse.org.uk

0131 443 6223

Food and clothing banks

Food banks can provide emergency food parcels, and clothing banks can provide essential clothing such as warm jackets and new underwear. Most food and clothing banks require a referral from an organisation like those listed above. However, there are some food banks which can provide a food parcel without a referral:

Community One Stop Shop	World Care Foundation
3 Broomhouse Market, Edinburgh, EH11 3UU	17A Haddington Place, Edinburgh, EH7 4AF
0131 443 6223	0131 524 0026